

## ABOUT THE AUTHOR

A nationally recognized expert in dermatology and allergic contact dermatitis, Dr. Rajani Katta has extensively researched how diet can affect the skin and the body's overall health. Her advice on skin care and diet has been published in many magazines and newspapers, including the Oprah Magazine, Prevention, Glamour, Good Housekeeping, Men's Health, and the Dr. Oz magazine. She has been interviewed as a dermatology expert on the ABC, CBS, NBC, and Fox networks, as well as NPR and multiple radio stations.

Committed to furthering the understanding of skin disease, Dr. Katta has authored over 70 scientific articles and chapters in prestigious publications, including the *Journal of the American Academy of Dermatology*. She has also been honored to serve on the Review Panels for the *Archives of Dermatology*, *Journal of the American Academy of Dermatology*, and *American Family Physician*. She is an accomplished speaker, and has lectured frequently at national meetings of the American Academy of Dermatology and the American Contact Dermatitis Society. She has also spoken at such institutions as the University of Chicago, Northwestern University and the University of Southern California.

Dr. Katta served as Professor of Dermatology at the Baylor College of Medicine for over 17 years, during which time she oversaw the dermatology basic science education of over 2,500 medical students. She is an award-winning educator, and the author of 6 highly acclaimed books on medical student success. She continues to mentor and teach the next generation of physicians as a clinical faculty member at both the Baylor College of Medicine and the McGovern Medical School at the University of Texas Houston.

For her dedication to excellence in patient care, teaching, and research, she has been the recipient of multiple awards, including the Sulzberger Institute for Dermatologic Education Grant and the Fulbright and Jaworski Faculty Excellence Award. She is a member of the Alpha Omega Alpha Honor Medical Society and Phi Beta Kappa, and has been named to the Texas Super Doctors® list.